

AMERICAN BRAIN FOUNDATION IMPACT REPORT



WINTER-SPRING 2024



AMERICAN BRAIN FOUNDATION

A LETTER FROM BOARD CHAIR DAVID DODICK, MD, FAAN, AND NEW EXECUTIVE DIRECTOR MICHELLE HERITAGE

Greetings American Brain Foundation Family,

We are excited about all that we have planned in 2024 to make our vision of a life without brain disease a reality. This is the first update coming to you with our new Executive Director, Michelle Heritage. She succeeds Jane Ransom, who retired at the end of 2023. We are grateful for Jane's incredible leadership over the years. Later in this report, you can learn more about Michelle and her passion for the Foundation's mission. Before we turn to the future, let's celebrate American Brain Foundation's 2023 victories, which were made with the generous support of our donors. 2023 was a pivotal year.

We were thrilled to launch American Brain Foundation's new \$10 million Cure One, Cure Many Award in neuroinflammation. This groundbreaking initiative will support research to better understand how neuroinflammation acts as an underlying mechanism across nearly all brain diseases, including conditions as seemingly disparate as Alzheimer's disease, multiple sclerosis, long COVID-19, and migraine. With this initiative, we are fostering unprecedented cross-industry collaboration between nonprofit organizations, pharmaceutical and biotech investors, philanthropists, and researchers. We are accepting applications later this year for research projects.

Thanks to the many donors whose investments made it possible to support the remarkable research of 31 early-career scientists who will be moving us closer to tomorrow's cures! These researchers are working on a wide spectrum of brain diseases with the focus on finding breakthroughs in one that can be applied to others.

Last year, we launched the "What Is Cure One, Cure Many" section of our website. The philosophy of Cure One, Cure Many drives our approach to investing in research across the full spectrum of brain diseases and disorders. Because the biology that drives brain diseases are connected, we know that when we make progress in one disease area, our research findings can yield insights that apply to other diseases as well. Please check out the new **"Cure One Cure Many"** interactive page on our website and let us know what you think.

Every study funded contributes to our vision of life without brain disease. Thank you for supporting the American Brain Foundation. We look forward to all that we'll be able to accomplish together in 2024.



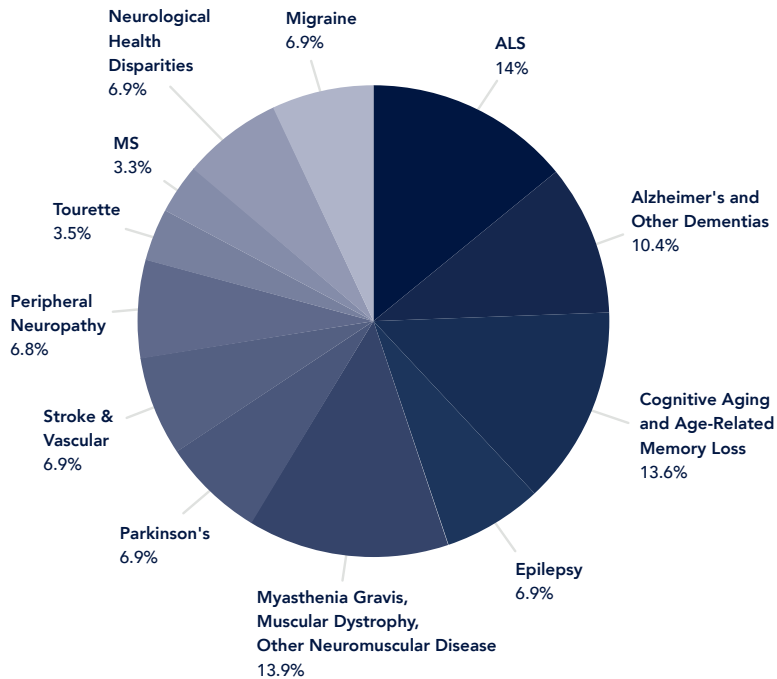
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Chair, Board of Directors



Michelle Heritage
Executive Director

FUNDING WORLD-CLASS RESEARCH

Next Generation Research Grants Funded by Disease Area



This chart only takes into account grants awarded to early-career researchers through the American Brain Foundation's Next Generation Research Grants program. We also fund multi-year projects that cut across multiple disease areas through our Cure One, Cure Many Program.

Total Funds Raised in 2023:

\$10,619,029

54% Individuals

46% Corporations/
Foundations

"You may think that your small gift doesn't mean anything, but it all adds up."

— Ethan Henderson, Parkinson's disease advocate and caregiver

NEXT GENERATION RESEARCH GRANTS: FUNDING INNOVATIVE RESEARCH ACROSS BRAIN DISEASES

In 2023, the American Brain Foundation funded 31 Next Generation Research Grants across a range of brain diseases. Of these, 14 were for new recipients who started multi-year clinical research projects.



Marina Avetisyan, MD, PhD

Clinical Fellow in Medicine at Mass General Brigham

2023 Next Generation Research Grant Recipient

FTD and ALS are both neurodegenerative diseases that share many overlapping features. Dr. Avetisyan's project focuses on the role of neuroinflammation in both diseases and investigates whether inflammation contributes to the death of brain cells in each, which could lead to more effective diagnosis and treatment.



Robert Heuermann, MD, PhD

Clinical Fellow at Washington University in St. Louis

2023 Next Generation Research Grant Recipient

Dr. Heuermann's project is investigating how pain signals are processed in the brains of people with Parkinson's disease in order to better understand why people with Parkinson's commonly experience increased pain sensitivity.

"I truly believe we are on the verge of major breakthroughs for many of the most devastating brain diseases. I am deeply grateful to the American Brain Foundation for supporting my small part in this endeavor."

Q & A WITH MICHELLE HERITAGE

The American Brain Foundation's new Executive Director Michelle Heritage brings to the role a wealth of experience in leadership and a profound commitment to societal betterment and innovation. With a strong track record of success and a commitment to bold outcomes, Michelle will lead the American Brain Foundation into a new era of education, innovation and impact. Learn more about her below.



Q: What made you want to work with ABF?

A: My decision to join the American Brain Foundation, and my perspective as the incoming Executive Director, stem from a deep-seated dedication to mission-centric work. My professional journey is characterized by an enduring commitment to aiding vulnerable groups and seeking systemic change. ABF's mission to conquer brain diseases and disorders through research coincides with my own zeal for addressing complex health and societal issues.

ABF's comprehensive approach to brain disease research, which acknowledges the connected nature of neurological disorders, complements my belief in the strength of collaborative partnerships to meet challenges head-on. I was attracted to the Foundation's innovative initiatives, such as the Cure One, Cure Many program and Next Generation Research Grants, which reflect my own experiences in leading strategic, cooperative efforts. I eagerly anticipate spearheading initiatives that promise to expand scientific knowledge and cultivate a new generation of clinical neuroscience researchers.

My mother, father, sister, and I, have all been affected by brain disease so the mission of ABF is also very personal for me. My move to ABF represents a confluence of my professional strengths and personal values and offers me a unique opportunity to lead an organization that aligns closely with my life's work and aspirations.

Q: What are you most looking forward to after joining ABF?

A: I'm looking forward to helping to grow the Foundation's network of donors, researchers, and partners, so that we can amplify our ability to fund critical research and make strides in the prevention, treatment, and cure of brain diseases. I'm excited to expand our advocacy, education, and outreach efforts so we can raise awareness about brain diseases and disorders and mobilize support and resources to improve patient care and support systems. I also want to expand our DEI practices to ensure that ABF's research initiatives and grant programs are inclusive, addressing disparities in brain health and promoting diverse perspectives in neuroscience research.

Q: What does our Cure One, Cure Many philosophy mean to you?

A: The Cure One, Cure Many philosophy, which champions an innovative, interdisciplinary research approach transcending the scope of individual diseases to unearth collective solutions, is profoundly inspiring. My own journey of leading organizations through strategic changes with creative solutions makes this philosophy especially compelling. It provides an innovative perspective, challenging us to think expansively and beyond conventional limitations.

Share a fun fact (or facts) about yourself!

My journey with cooking is a personal passion that's all about the joy of learning and experimenting. After immersing myself in a 30-week classical French cooking course, exploring another 25 weeks with "Cooking the Great Chefs," and engaging in two 8-hour bread-making boot camps, I'm a pretty good cook but I'm still on the quest to bake a decent loaf of bread. It's a delightful challenge that keeps me humbly practicing and enjoying every step of the culinary adventure.

CONNECTIONS BETWEEN BRAIN DISEASES: JULIE'S STORY

**“If you cure one [disease], it gives everyone else hope.
And a lot of times with this disease, that’s all you have.”**

— Julie Turner

Julie Turner was 54 when she received a life-changing diagnosis, but she could have been diagnosed years earlier. For years, Julie had experienced problems with her memory and thinking clearly. After decades of working in healthcare, she started forgetting the names of basic equipment and how to operate machines she had previously taught others how to use. Eventually, Julie’s condition worsened and began to impact her movement and ability to speak. After several misdiagnoses, including fibromyalgia and multiple sclerosis, doctors finally concluded she had cerebral small vessel disease (CSVD).

CSVD is an umbrella term for a variety of conditions resulting from damage to small blood vessels in the brain, which can lead to a variety of symptoms in later stages, including cognitive impairment, dementia, depression, strokes, issues with walking and balance, and nervous system issues like slurred speech and difficulty swallowing. However, in the early stages, CSVD does not have especially noticeable symptoms, and many are often mistaken as normal effects of aging, which is why it can be so difficult to get a diagnosis. Only after getting an accurate diagnosis could Julie start effectively treating her condition.

Because CSVD shares symptoms—and potentially causes—with other neurodegenerative brain diseases like Alzheimer’s, Parkinson’s, and MS, a discovery related to one disease can have a ripple effect on treatments and diagnosis for all the others. That’s why ongoing research across the full spectrum of brain diseases and disorders is so important.



REGISTER FOR **UPCOMING EVENTS** HOSTED BY EXPERTS

**Neurological Healthcare Disparities with
Bruce Ovbiagele, MD, MSc, FAAN**

Monday, March 25, 8:00 pm Eastern, online

Commitment to Cures 2024

Saturday, April 13, 6:30 pm Mountain, Hyatt
Regency Denver at Colorado Convention Center

**Harmony in Hospice: Maximizing Quality of Life at the
End of Life with Maisha Robinson, MD, MSHPM, FAAN**

Tuesday, May 21, 8:00 pm Eastern, online

**Signs of Alzheimer’s and Other Dementia
with David Holtzman, MD**

Wednesday, June 26, 2024, 8:00 pm Eastern, online

See all upcoming events and register at AmericanBrainFoundation.org/Events

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"It's a certainty that the American Brain Foundation will harness the tidal wave of new discoveries in genetics, neuroimaging, and many other aspects of neuroscience to develop new treatments for hundreds of neurological diseases over the next few years.

- Robert C. Griggs, MD, FAAN

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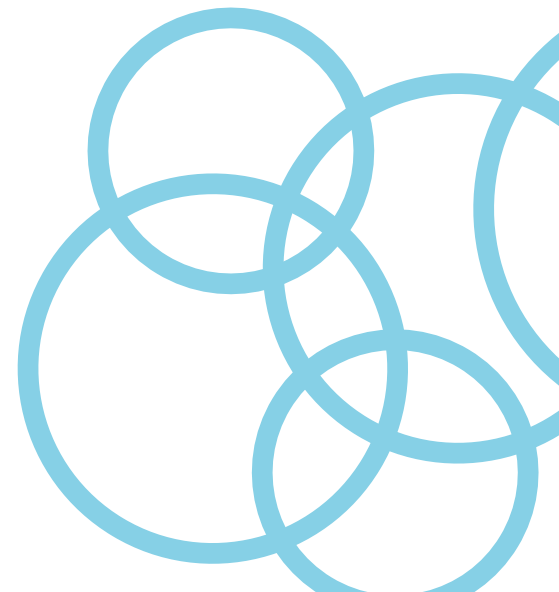
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